

**GOVERNMENT BILASA GIRLS P.G. COLLEGE,
BILASPUR (C.G.)
SYLLABUS FOR B.A.PSYCHOLOGY
2022-2023
NEP**

Part A: Introduction				
Program: Certificate Course		Class: B.A. I Sem.	Year: 2022	Session: 2022-2023
1	Course Code	BPsyCT101/ BPsyGT101		
2	Course Title	Introduction of psychology		
3	Course Type	Theory		
4	Pre-requisite (if any)	1. 10+2 in any discipline 2. This course can be opted by the students who has opted psychology as a core subject.		
5	Objectives	1. To understand the emotion, behavior and feelings of others along with our self. 2. To understand the different mental processes of human being. 3. To understand the different fields and scope of psychology.		
6	Course Learning Outcomes (CLO)	After the completion of course, students can develop: <ol style="list-style-type: none"> 1. Understanding what psychology actually explains. 2. Thorough knowledge of the scope and the field of psychology. 3. Acquaintance with fundamental concepts of psychological processes such as attention, perception, learning, memory, emotion, motivation and human biological system. 4. Expertise with personal level phenomenon such as personality, and intelligence. 		
7	Credit Value	Theory :		
8	Total Marks	Max. Marks: 60	Min. Passing Marks : 24	

Part B: Content of the Course		
Total No. of Lectures:		
Total Lectures:		
Unit	Topics	No. of Lectures
I	1. Introduction: 1.1 Nature of Psychology: Definition, Fields of psychology, Schools of modern psychology, Goals of Psychology.	18

	<p>1.2 Methods of psychology: Experimental method, Observation method, correlation method.</p> <p>1.3 Biological basis of human behavior</p> <p>a. Neurons, Synapses, Neurotransmitters.</p> <p>b. The nervous system: Basic subdivisions- Peripheral and Central</p> <p>c. Hemisphere function: The split – brain; Emotion and the right hemispheres.</p>	
II	<p>1. Learning, Memory and perception</p> <p>1.1 Learning: Meaning, and theory with emphasis on Classical conditioning</p> <p>1.2 Memory: Definition & Stages of memory, Types of memory (Sensory register, STM, LTM), Forgetting, Improving memory.</p> <p>1.3 Perception: Attention process: Nature and determinants, Perceptual Process: Nature and determinants of Perception, characteristics of perception, Perceptual organization, Top down and Bottom Up processes.</p>	15
III	<p>1. Motivation & Emotion -</p> <p>1.1 Nature and concept (Needs, Drives, Instincts); Types of Motives: Biological and social motives</p> <p>1.2 Emotions: Elements of Emotions (components), expression of emotion, Basic emotions and Culture & emotions.</p>	10
IV	<p>4. Individual differences: Personality and Intelligence</p> <p>a. Personality: Definition, types and determinants of Personality; approaches of personality: Psychodynamic theory, Indigenous approach: Yoga tradition</p>	10

	b. Intelligence: Definition, Nature and Theories (With emphasis on Single , group and multiple factor theory)	
<p>Keywords: Neurotransmitters, Nervous system, Split – Brain, Personality, Perceptual organization, Reconstructive nature of memory, Forgetting, STM, LTM, classical conditioning, Intelligence.</p>		

Part C - Learning Resource
Text Books, Reference Books, Other Resources
<p>Suggested Readings:</p> <p>Balon, R.A. and Barne, D.A. Understanding Behavior Tokyo, Halt Sounders.</p> <p>Banyard, P., Davies ,M.N.O., Norman, C. & Winder, B. (Eds.) (2010). <i>Essential psychology</i>. New Delhi: SAGE Publications.</p> <p>Baron, R. & Misra.G. (2014). <i>Psychology</i>. New Delhi: Pearson.</p> <p>Ciccarelli, S.K., White, J.N. & Misra, G. (2018). <i>Psychology</i>. New Delhi : Pearson Education.</p> <p>Lefton, L.A. (1985). <i>Psychology</i>, Boston Allyn and Baron.</p> <p>Morgan, C T., King, R., Weisz, J. & Schopler, J. (2017). <i>Introduction to Psychology</i> (7th Ed). McGraw Hills.</p> <p>Holt, N., Bremner, A., Sutherland, E., Vliek, M. and Passer, M., & Smith, R. (2015). <i>Psychology: The Science of Mind and Behaviour</i>. London: Tata McGraw-Hill.</p> <p>Zimbardo, P.G. & Waslser, A.I. (1997). <i>Psychology</i>. New York : Harper Collins College Publishers.</p> <p>flag] v:.k dqekj (2006). lkekU; euksfoKku] cukjlh nkl izdk'kuA flag] v:.k dqekj (2006). mPprj lkekU; euksfoKku] cukjlh nkl izdk'kuA oekZ] izhfr (2001). vk/kqfud lkekU; euksfoKku cukjlh nkl izdk'ku त्रिपाठी, ला.ब. एवं अन्य (2001). आधुनिकप्रायोगिकमनोविज्ञान। आगरा:हरप्रसाद भार्गव। Suggestive digital platforms web links- http://heecontent.upsdc.gov.in/Home.aspx http://www.apa.ore</p>



Part D: Assessment and Evaluation		
Program/Class: Certificate	Year: First	Semester: First
Subject: Psychology		
Pre-requisite: This course can be opted by the students who has opted psychology as a core Subject.		
Course Code: BPsyCP101	Course Title: Lab Work/ Psychological Testing	
Course Outcome: Students will be trained to assess psychological characteristics and also imparted with a variety of skills to administer psychological tests and to ensure the interpretation of reports.		
Credits: 1	Core Compulsory	
Total No. of Practical (in hours per week): L-T-P: 0-0-1		
Unit	Topics	No. of Lectures
I	Administration of any one test based on Intelligence, score and report it.	08
II	Administration of any one test based on Anxiety, score and report it.	08
III	Administration of any one test based on Stress/Depression, score and report it.	07
IV	Administration of any one self-report inventory based on Personality, score and report it.	07
V	Case Study/Interview	03
Suggested Readings: 1- त्रिपाठी, ला.ब. एवं अन्य (2001). आधुनिक प्रायोगिक मनोविज्ञान। आगरा: हरप्रसाद भार्गव। 2- Suggestive digital platforms web links- http://heecontent.upsdc.gov.irr/Home.aspx , www.psytoolkit.org		
Suggested Continuous Evaluation Methods: <ul style="list-style-type: none">• Presentation of Practical file (10 Marks)• Conduct a test and an experiment on the time of examination (10)• Viva (05 marks)		
Suggested equivalent Courses <ul style="list-style-type: none">• Coursera		